

Schedule & Order of Events

Tuesday, May 13th - *Coaches Meeting at Center of Infield at 2:30pm.*

At Graham

Field Events:

Boy's Shot Put	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00
Boy's Discus	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Girl's Long Jump	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Girl's Triple Jump	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00
Boy's & Girl's High Jump*	HJ #1 6 th Girls & 6 th Boys
*Boys will start their high jump after the girls. All pits open at 3:00.	HJ #2 7 th Girls & 7 th Boys
	HJ #3 8 th Girls & 8 th Boys

Running Events:

G 60m/ B 65m Hurdle Trials	6G / 7G / 8G / 6B / 7B / 8B
100m Trials	6G / 7G / 8G / 6B / 7B / 8B
1600m Run Final	6G / 7G / 8G / 6B / 7B / 8B

Wednesday, May 14th – *No Coaches Meeting.*

At Graham

Field Events:

Girl's Shot Put	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00
Girl's Discus	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Boy's Long Jump	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Boy's Triple Jump	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00

Running Events:

60m/65m Hurdle Final	6G / 7G / 8G / 6B / 7B / 8B
400m Relay Final	6G / 7G / 8G / 6B / 7B / 8B
800m Run Final	6G / 7G / 8G / 6B / 7B / 8B
100m Final	6G / 7G / 8G / 6B / 7B / 8B
1600m Relay Final	6G / 7G / 8G / 6B / 7B / 8B

Order of events for league track meets

- 1 Mile run
- 2 Hurdles
- 3 400-meter relay
- 4 800 meter run
- 5 100-meter dash
- 6 Mile relay

Order of field events varies at the choice of the school hosting the meet
Order for league finals And Sectional finals could be different

VALLEY JUNIOR HIGH ATHLETIC LEAGUE (VJHSAL) 2007-2008 TRACK & FIELD SEASON

Friday March 28 - Coaches Meeting 3:30 @ Sunnyvale
Wednesday April 2 Season Begins

Thursday April. 24 Sunnyvale at Miller
Egan, Columbia at Cupertino
Kennedy at Hyde
Lawson, Blach at Graham

Tuesday April. 29 Kennedy, Graham at Egan
Lawson, Columbia at Blach
Miller at Cupertino
Hyde at Sunnyvale

Thursday May. 1 Egan at Hyde
Miller, Sunnyvale at Kennedy
Blach at Cupertino
Lawson, Columbia at Graham

Tuesday May. 6 Miller at Egan
Lawson, Cupertino at Hyde
Blach, Columbia at Kennedy
Graham at Sunnyvale

Thursday May. 8 Egan at Blach
Graham, Hyde at Miller
Cupertino at Kennedy
Lawson, Columbia at Sunnyvale

Friday May. 9 Seeding Meeting at Sunnyvale COACHES ONLY

Wednesday	May. 14	League Finals at Graham
Thursday	May. 15	League Finals at Graham
Week of	May. 19	Sectional Finals at St. Francis HighSchool